

## HWC – Some Encouraging Case Studies

### **Case Study 1: Leadership by the new Community Health Officer at HWC Podgaon in Antagarh block of Kanker district**

Abhilasha Nagvanshi was posted in HWC Podgaon as its CHO from June 2019. In addition, there are 2 ANMs and 1 Male MPW in the HWC. During the initial phase of HWC , the ANM monthly OPD on an average was 70 and at present it has reached 570. The CHO is able to address a variety of cases. Regarding NCDs, the cumulative number of confirmed cases of Hypertension and Diabetes Mellitus was 57 and 45, out of which 50 hypertensive patients and 42 patients with Diabetes Mellitus are regularly visiting the HWC for medicines and follow up screening. The follow up coverage in the HWC is more than 80% which indicates the success of the HWC. Apart from above, the HWC is also following up the cases of Sickle cell Anemia.



**Case Study 2: Care for the Elderly through HWC Salehona, Baramkela block, Raigarh**

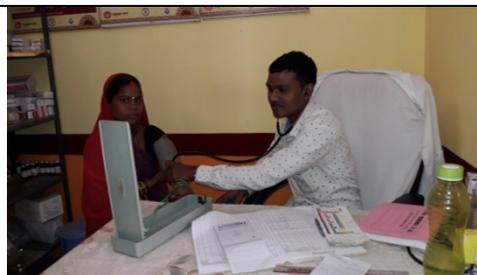
Mr. Nanku Sidar, nearly 80 year old man from Salehona village got screened for Hypertension and Diabetes Mellitus during the NCD month held in the month of May-June and through this screening programme he was confirmed to be suffering from Hypertension. Since then he has received regular treatment through the HWC. He visits the centre regularly for medicine and follow up screening.

His follow up details are properly maintained in the health card. The patient has full faith in the HWC's services and appreciates the HWC staff for taking good care of him.



**Case Study 3: Encouraging performance from the new CHO at HWC (HWC Rajanawagaon, Bodla block, Kawardha)**

Chiranjeev Lal Shriwas, got posted in the HWC Rajanawagaon as Community Health Officer (CHO) in June 2019. The total monthly outpatient coverage in the HWC was noted to be 311. The cumulative number of patients confirmed for Hypertension and Diabetes mellitus was 58 and 30. Patients are being followed up regularly and the number of patients who are receiving treatment from the HWC for Hypertension and Diabetes Mellitus are 48 and 25 respectively. The follow up rate has been very encouraging.



**Case Study 4: Leadership of a new Community Health Officer at HWC Gadadih (in Kurud block of Dhamtari district)**

Namita Sahu started providing services as CHO in HWC Gadadih from June 2019. During the HWC supervision visit, the total monthly outpatient coverage in the HWC was found to be 378. The CHO has been confidently delivering the available package of primary health care services. At present, the total number of patients undergoing treatment for Hypertension and Diabetes Mellitus in the HWC are 39 and 28 respectively, they visit the HWC regularly to receive the medicines and undergo follow up screening. There are total 7 mitanins in this HWC area and they are actively involved in the programme. The HWC is also able to cater Ophthalmic services in the community with the provision of Ophthalmic Assistant who conducts ophthalmic clinic at HWC twice in a month. Last month, the HWC identified 6 cases of Cataract and referred them to the nearest higher facility.



**Case Study 5: Kanharpuri, a well performing HWC led by Assistant Medical Officer (Kanker block, Kanker)**

Health Sub-Centre Kanharpuri was upgraded to a Health and Wellness Centre (HWC) in year 2018. The Assistant Medical Officer (AMO) provides services in the HWC twice a week regularly. In addition, the HWC has 2 ANMs and 1 Male Health Worker. The monthly outpatient coverage by AMO through 8 clinics was found to be 222. On the other days, ANM covers the outpatients and her average monthly outpatient coverage has reached upto 160. Thus, the sub-centre is able to cover 382 patients per month now, up from an average of 65 patients before its operationalization as HWC.

The number of patients receiving treatment for Hypertension and Diabetes Mellitus from this HWC are 57 and 40 respectively. In addition to this, the HWC identified 4 cases of refractive-errors and 6 cases of cataract last month through the Ophthalmic clinic which is held twice a month by the Ophthalmic Assistant of the concerned PHC.

