

राज्य स्वास्थ्य संसाधन केन्द्र
छत्तीसगढ़



राज्य स्वास्थ्य प्रशिक्षण केन्द्र, बिजली ऑफिस चौक
कालीबाड़ी, रायपुर-492001, छत्तीसगढ़,
दूरभाष : 0771-2236175, फ़ैक्स : 0771-2236104
ई-मेल : shrc.cg@gmail.com, वेबसाइट : www.shsrc.org

क्रमांक / 1330 / SHRC / मितानिन कार्यक्रम / 2015

रायपुर, दिनांक : 12.10.2015

प्रति,

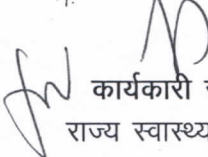
राज्य कार्यक्रम अधिकारी (टी.बी.),
संचालनालय, स्वास्थ्य सेवाएं,
इंद्रावती भवन, नया रायपुर, छ.ग.।

विषय:- टी.बी. मरीजों के पोषण हेतु अक्षय योजना के तहत उपयुक्त खाद्य पर सर्वेक्षण बाबत।
संदर्भ:- SHRC का पत्र क्र./1261/मितानिन कार्यक्रम/2015 दिनांक 01.10.2015

संदर्भित विषयांतर्गत लेख है कि राज्य शासन द्वारा टी.बी. मरीजों के पोषण हेतु घोषित अक्षय योजना के तहत उपयुक्त पोषण आहार तय करने के संदर्भ में टी.बी. मरीजों की राय जानने हेतु समुदाय स्तर पर राज्य स्वास्थ्य संसाधन केन्द्र द्वारा सर्वे करवाया गया है। उपरोक्त सर्वेक्षण का प्रतिवेदन संलग्न प्रेषित है।

अतः उपरोक्त जानकारी अग्रिम कार्यवाही हेतु प्रेषित है। इसकी प्रतिलिपि उपरोक्त विषय पर गठित तकनीकी समिति के सदस्यों को भी प्रेषित की जा रही है।


संलग्न - उपरोक्तानुसार।


कार्यकारी संचालक,
राज्य स्वास्थ्य संसाधन केन्द्र

क्रमांक / 1331 / SHRC / मितानिन कार्यक्रम / 2015
प्रतिलिपि -

रायपुर, दिनांक : 12.10.2015

1. संचालक, स्वास्थ्य सेवाएं, इंद्रावती भवन, छत्तीसगढ़ नया रायपुर को सूचनार्थ।
2. मिशन संचालक, राष्ट्रीय स्वास्थ्य मिशन, छ.ग. गृह निर्माण मण्डल, सेक्टर-27, नया रायपुर को सूचनार्थ।
3. डॉ. योगेश जैन, जन स्वास्थ्य गनयारी, बिलासपुर को सूचनार्थ।
4. डॉ. वीना शत्रुगना, पोषण विशेषज्ञ, पूर्व डीप्टी डायरेक्टर, राष्ट्रीय पोषण संस्थान हैदराबाद को सूचनार्थ।
5. डॉ. क्षितिज खपर्डे, विश्व स्वास्थ्य संगठन की ओर से टी.बी. कार्यक्रम में सलाहकार, संचालनालय, स्वास्थ्य सेवाएं, इंद्रावती भवन, नया रायपुर, छ.ग.।


कार्यकारी संचालक,
राज्य स्वास्थ्य संसाधन केन्द्र

Rapid Survey on Food preferences of TB patients

(In the context of Akshay Yojana, Chhattisgarh)

Draft Report

Introduction and Objective: Government of Chhattisgarh has announced a nutrition scheme for TB patients. Funds have been allocated under the state budget 2015-16. A meeting was held by Secretary (Health and Family Welfare) in August 2015, along with Director (Health Services), Mission Director (NHM), Jan Swasthaya Sahayog, TB unit of Directorate, NHM state unit and SHRC to discuss the design of the scheme. It was decided that the design should include provision of foodstuff that has acceptability amongst TB patients. Therefore preferences of TB patients need to be found out through a quick survey. SHRC was entrusted with the responsibility of conducting a field survey.

Survey Questions: Jan Swasthaya Sahayog had put together a draft concept note for the scheme including options for package of foods to be given. State TB unit of health directorate had also suggested some food options. The above suggestions were based on nutritive value of various foods and the nutrition gap they can fill for TB patients. These were used as references for preparing the list of potential items and packages. For perishable items like eggs, a cash component was included in packages. Preferences of TB patients were gathered regarding a) individual food items as well as for b) packages of food items

Sampling: The survey covered around 50 blocks divided across 5 administrative divisions thus ensuring adequate representation of geographical areas. A total of 487 TB patients were interviewed by trained surveyors.

Findings:

Preferred Individual Food Items: Eggs were the most popular choice across geographical divisions. Milk powder, Groundnuts and pulses were other preferred items.

Preferred Nutrition package: The package consisting of Eggs, milk powder and groundnuts was preferred the most across all divisions.

The detailed findings are enclosed in Annexure (1).

Conclusion: A package consisting of Eggs, milk powder and groundnuts was preferred by majority of TB patients. In addition, pulses are also a highly preferred item.

Preferences of TB patients regarding Foods and Food packages under the Nutrition Scheme

Question 1: Please list the top three food items that you prefer to be given in TB Nutrition scheme:		% of Responses					
Food Items	Surguja division (n=161)	Bastar division (n=62)	Bilaspur (n=140)	Raipur division (n=68)	Durg division (n=60)	Total (n=491)	
Eggs	60%	80%	66%	68%	55%	63%	
Milk Powder	43%	40%	39%	28%	33%	38%	
Groundnut	47%	55%	44%	62%	62%	49%	
Gram (Chana)	36%	18%	39%	44%	57%	37%	
Oil	44%	40%	29%	19%	21%	33%	
Pulses	40%	58%	52%	43%	48%	46%	
Soyabean	16%	13%	19%	16%	10%	16%	
Others	0%	3%	6%	0%	10%	3%	
Question 2: Out of the following packages, choose one that you most prefer to be given in TB Nutrition scheme?		% of Patients					
Food Package	Surguja division (n=161)	Bastar division (n=62)	Bilaspur (n=140)	Raipur division (n=68)	Durg division (n=60)	Total (n=491)	
Monthly 3 kg milk powder, Rs.150 per month to eat one egg per day	20%	28%	27%	25%	14%	23%	
Monthly 3 kg milk powder, Rs.150 per month to eat one egg per day, 3 Kg groundnuts	52%	63%	54%	54%	57%	54%	
Monthly 3 kg milk powder, 3 Kg groundnuts	10%	0%	7%	10%	5%	8%	
Monthly 3 kg milk powder, 1 litre Oil	2%	3%	0%	4%	2%	2%	
Monthly 3 kg Soyabeans, 3 Kg groundnuts, 3 kg roasted gram (chana)	8%	10%	10%	0%	21%	10%	