

Report on School Health Program-Activities

Background

Addressing health and education together promotes all Sustainable Development Goals (SDGs). National Health Policy (NHP) 2017 also envisages the attainment of the highest possible level of health and wellbeing for all ages, through preventive and promotive health care. India particularly is home to 47.3 crore children (0–18 years) comprising 39 percent of the country's total population (Census 2011). The recent data suggested that around 26 crore children aged 6-18 years are attending schools. It is important to educate children early in life about their health and a healthy lifestyle so that they lead a healthy life. These educated, healthy, and productive adults, will form the base of resilient, prosperous, and sustainable communities in the future.

To attain the above objective, Chhattisgarh has started the school health meeting by building a team of student volunteers. It will boost adolescent health-related activities in the state. The orientation and training part has been decentralized to the health staff and they are training the school volunteers on preventive and promotive community health. More than 3,000 school health volunteers have been trained across 29 Blocks of Chhattisgarh. The project has mainly covered the areas like road accidents, tobacco use, menstrual hygiene and gender through participatory methods including street theatre.

Summary of Activities:

Sr. No.	Number of volunteers trained	Number of girls	Number of boys
1.	3039	2044	995

A glimpse of School health meetings, orientation, and group activities of students

